# **Services Offered**

### Crisis Response

We provide direct assistance to victims and survivors, family members, and others impacted by ICAC related issues. This includes in person or virtual support when making a report to law enforcement.

#### Criminal Justice Advocacy

We help victims and survivors navigate the criminal justice system by being a liaison with law enforcement, explaining aspects of the criminal justice process, helping victims understand their rights, assisting with evidence return, and assisting with crime victim compensation applications.

#### Resource Navigation

We help clients connect to resources such as local victim service agencies, mental health support, government programs, and others to help build resiliency and aid in healing.

#### **Content Removal Support**

Our team helps victims and survivors with the process of reporting child sexual abuse imagery on the internet and access resources that may be able to assist with content removal and notification options.

#### Education

We provide education to help promote healthy conversations, discuss online safety strategies, and best practices for supporting children who have experienced online exploitation or abuse.

To learn more about our services or to request victim assistance from one of our specialists, please email ICACservices@doj.state.wi.us.

### Resources

WI DOJ Office of Crime Victim Services www.doi.state.wi.us/ocvs

WI ICAC Homepage ICAC.widoj.gov

National Center for Missing and Exploited Children

www.missingkids.org/

**Content Removal** 

www.missingkids.org/gethelpnow/cybertipli ne

VINE Link: Victim Notification Network www.vineline.com/#state-election

Thorn for Parents https://parents.thorn.org



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Wisconsin Internet Crimes Against Children Task Force Victim Service Program

Wisconsin Department of Justice

# For Parents/Guardians

As a parent/guardian, it can be difficult to know where to start. Many share the fear of not knowing the "right" thing to say. Statements that validate and support are always a safe place to start and can remind your child that they are **loved, heard, and safe.** 

"I believe you"
"Thank you for telling me"
"You did nothing wrong"

"I love you"
"You are brave"
"It wasn't your fault"

It's okay if you don't have all the answers. Reassure your child that whatever happens next, you will face it together.

**Be mindful of what you say around your child.** A statement made from frustration or your own personal thoughts can be harmful (ex: their life is ruined, etc.)

Reassure them they did nothing wrong.

Many tend to blame themselves for what happened. If you child feels responsible, reassure them it was not their fault.

**Encourage your child to talk/ask questions.** If they feel they may upset you, let them know it's okay to tell you about all their feelings, even the bad ones.

**Reinforce positives.** Remind your child of their strengths.

**Take care of yourself.** Remember to practice self-care so you can continue to support your child. It is okay to seek counseling or support for yourself.

# **Online Safety Ideas**

Protecting children online is about creating and maintaining open lines of communication. Talk with your child about dangers and risks online, apps they use, and people they communicate with. Set family guidelines such as no-electronic zones (bathrooms and bedrooms after a certain time), know your child's account information (screen names, passwords, usernames), and have computers in common areas of the home. For assistance with safety planning or to learn more about online safety resources, please email <a href="ICACservices@doj.state.wi.us">ICACservices@doj.state.wi.us</a> or visit our website at https://icac.widoi.gov.

## **Common Reactions**

It can be difficult to talk with your child about how they are feeling after being victimized. Youth can have a variety of reactions and often act out their feelings rather than talking about them.

## **Physical**

Head or stomach aches, sleep disturbances, changes in appetite, inability to focus, weight gain or loss

### **Emotional**

Sadness, depression, outbursts, fearfulness, mood swings, anxiety, self-harming or suicidal thoughts

### **Behavioral**

Sudden behavioral changes, increased irritability, increased or a change in risk taking behaviors (alcohol or drug use, self-harming behaviors, talking to strangers online, sexting), reverting to behaviors they have outgrown (ex: bedwetting).

# Help is available.

If your child is having thoughts of hurting themselves or someone else, seek evaluation at the nearest emergency room or call 9-1-1.